

NUTRITION INFORMATION

Typical values	Per 2 capsules	% RDA
Vitamin A	800µg	100
Vitamin D3	25µg	500
Tocotrienols (DeltaGold*)	3mg	
Vitamin K2-MK7	5µg	7
Vitamin C	200mg	250
Thiamin	12mg	1,091
Riboflavin	10mg	714
Niacin	20mg	125
Vitamin B6	10mg	714
Folic Acid	400µg	200
Vitamin B12	50µg	2,000
Biotin	150µg	300
Pantothenic Acid	10mg	167
Magnesium	100mg	27
Iron	6mg	43
Zinc	15mg	150
Copper	1mg	100
Manganese	1mg	50
Selenium	150µg	273
Chromium	200µg	500
Boron	1mg	
Choline	10mg	
Coenzyme Q10	10mg	
Grapeseed	50mg	
Inositol	10mg	
Lutein Esters	1mg	
Quercetin	10mg	
Lactospore*	100,000,000 spores	

RDA (Recommended Daily Allowance) where given is based on reference intake values from Regulation (EU) No 1169/2011 of October 2011.

SUITABLE FOR:
ANYONE UNDERTAKING EXERCISE WANTING
A BESPOKE MULTIVITAMIN

reflex
Tomorrow's Nutrition Today™

60
CAPSULES

NEXGEN
SPORTS MULTIVITAMIN

VITALITY

Dietary supplement.

Contributes to the normal function of:
The immune system during and after intense physical exercise[†], the nervous system as well as normal muscle and cognitive function. It also contributes to a reduction in tiredness and fatigue, protection from oxidative stress, maintenance of normal bones and the normal formation of connective tissue.[‡]

Selenium SeLECT®
Coenzyme Q10
Delta Tocotrienols (vitamin E)
Lutein Esters
Chelated minerals
USP Magnesium
DeltaGold® Delta Tocotrienols (vitamin E)

QUALITY

The Multivitamin with Guaranteed Performance

Nexgen® Sports Multivitamin has been formulated for people who regularly undertake exercise. Compare the dosages of the ingredients listed here with any similarly priced multivitamin you might find and then decide which brand offers you the greatest support. Nexgen® Sports Multivitamin is a revolutionary multivitamin that is designed to support hectic lifestyles and physical training and exercise. The formulation is different to ordinary multivitamins, due to the bioavailability of key ingredients. Few products will contain these more expensive forms, but Nexgen® Sports Multivitamin does, and it does not stop there. See insert for further information.

DIRECTIONS FOR USE

Take one capsule twice daily with meals.

Guidance notice: This product is a dietary supplement and should be used in conjunction with food as part of a healthy balanced diet, not as a substitute for such. This product is not intended for use by persons under the age of 16. This product is not intended to diagnose, cure or prevent any disease. Keep out of reach from young children.

INGREDIENTS

In a two piece Gelatin* (Bovine Gelatin, Black Iron Oxide) Capsule: USP Magnesium Citrate, Microcrystalline Cellulose, L-Ascorbic Acid, Zinc Mono-L-Methionine Sulphate, Grapeseed Extract (95% Proanthocyanidins), L-Selenomethionine (Selenium SeLECT®), Ferrous Bisglycinate, Nicotinamide, Magnesium Stearate, LactoSpore® Bacillus Coagulans, Thiamin Hydrochloride, Cholecalciferol, Riboflavin, Pyridoxine Hydrochloride, Quercetin, Calcium D-Pantothenate, Copper L-Aspartate, L-Choline Bitartrate, Inositol, Coenzyme Q10, Sodium Borate, Tocotrienols as DeltaGold® (35% totals Tocotrienols of which 84-92% Delta-Tocotrienol, 8-16% Gamma-Tocotrienol) obtained from Annatto, Retinyl Acetate, Manganese L-Aspartate, Silicon Dioxide, Menaquinone-7 (MenaquinGold™), Chromium Picolinate, Lutein as Biolut™ (Tagetes Erecta Flower (90% Lutein esters of which 45% Trans Lutein)), Maltodextrin, Pteroylmonoglutamic Acid, D-Biotin, Methylcobalamin.

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* Not suitable for vegetarians.

† The beneficial effect is obtained with a daily intake of 200 mg in addition to the recommended daily intake of vitamin C.

‡ Claims relate to the following ingredients in sequential order: vitamin C, vitamin D, magnesium, zinc, magnesium, copper, magnesium, copper.

ENVIRONMENTAL

All Reflex Nutrition facilities are powered by 100% green renewable electricity. Please help the environment by recycling or disposing of this product packaging responsibly.



Box
Paperboard



Blister packs
and foil seals

Made in the U.K. by: Reflex Nutrition Ltd,
The Science Park, Sea View Way,
Brighton, BN2 6NT.

Store in a cool dry place away from sunlight

LV9.0 - FV4 - 19/02/13

